

# A Single Intrategmental Amphetamine Exposure Induces Transient Behavioral Sensitization in the Rats

Hsiao-Hua Wu<sup>1</sup>, Chang-Ru Lee<sup>1</sup>, Shi-Kwang Lin<sup>1,2</sup>, Pen-Ho Yeh<sup>1</sup>, and Wynn H.T. Pan<sup>1\*</sup>

<sup>1</sup>*Institute of Pharmacology, School of Medicine  
National Yang-Ming University  
Taipei, Taiwan, R.O.C.*

<sup>2</sup>*Department of Geneal Psychiatry  
Taipei City Psychiatric Center  
Taipei, Taiwan, R.O.C.*

## Abstract

Repeated treatment with psychostimulant drugs induces enduring behavioral sensitization and neuroadaptations which may play an important role in the development of drug addiction. However, different number and time course in drug administration and various lengths of drug withdrawal were employed in the literature, and there were inconsistent findings in the profile of extracellular dopamine level related to behavioral sensitization. Therefore, the effects of the number of drug exposure and the length of drug withdrawal period on the sensitized behavioral response were investigated in this study. Various lengths of amphetamine (AMPH) withdrawal (1, 3 and 5 days) after a single local administration of AMPH to bilateral ventral tegmental area (VTA) were used to observe the locomotor activity response. Besides, different amounts of administration of intra-VTA AMPH were given (1, 2 and 3 times of injection) to monitor the profile of travel distance and stereotypic movements of rats after 7 days of drug withdrawal. An early and short-lived behavioral sensitization to the single intra-VTA AMPH administration was induced. In the repeated treatment group, more drug exposures were associated with escalating and robust levels of travel distance after 7 days of drug withdrawal. The authors speculated that the transient and, a later augmented locomotor activity response might represent respective phases in the development of behavioral sensitization, which in turn contributed to the formation of more lasting behavioral and neuroplastic changes associated with drug addiction.

**Key Words:** behavioral sensitization, amphetamine, ventral tegmental area, withdrawal

## Introduction

Systematically repeated administration of amphetamine (AMPH)-like stimulants produces an enduring enhancement of hyperactivity in rodents, a phenomenon known as behavioral sensitization (9, 20). Many efforts have been devoted to exploring the underlying mechanism of behavioral sensitization, with two major concerns: to locate the site of the action essential to the central nervous system in developing this sensitization, and to identify the changes

occur in the nervous systems while there is sensitization.

In the first approach, the action site of AMPH to produce behavioral sensitization was extensively studied (developmental stage). Repeated intrategmental (intra-VTA) injections of AMPH, but not intra-accumbens, produces a sensitized locomotor response to a subsequent systemic or intra-accumbens injection of AMPH (3, 10, 15, 18, 24). These results suggest that an action on VTA is necessary for the development of behavioral sensitization.

Many laboratories have demonstrated that be-

Corresponding author: Dr. Wynn H.T. Pan, Institute of Pharmacology, School of Medicine, National Yang-Ming University, 155, Li-Nong St., Sec. 2, Beitou District, Taipei 112, Taiwan, R.O.C. Fax: 886-2-28264372, E-mail: wynn@ym.edu.tw

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havioral sensitization by systematically repeated administration of AMPH is associated with an enhanced extracellular dopamine (DA) increase in the nucleus accumbens (21, 26) and in the striatum (1, 11, 14, 19), but not in the medial prefrontal cortex (4). On the other hand, some other scientists have also demonstrated that a diminished extracellular DA increase occurs in the terminal fields after repeated administration of AMPH (5, 22). These results suggest that there is discordance between the DA and behavioral responses. Therefore, we hypothesized that there might be two different phases, no matter dopamine-dependent or not, in the progressive development of sensitization, which are related to not only the length of the drug withdrawal period but also the number of drug treatment (7, 8, 22).

The temporal development of behavioral sensitization awaits further study. To further investigate the development of behavioral sensitization, we simplified the complex problem by using the easy ways in our studies: mentioning on the VTA, rather than on the system and focusing on the number of pretreatments or the length of the withdrawal period.

## Materials and Methods

### *Subjects*

Male Sprague-Dawley rats weighing 250-300 g on arrival were supplied by the Animal Center of National Yang-Ming University, Taipei, Taiwan, R.O.C. They were housed in a 12-hour light/dark cycle room with free access to food and water.

### *Apparatus*

Total travel distance and stereotypic movements were measured by a video path analyzer (Model E61-21, Coulbourn Instruments). This analyzer was equipped with a cage (black background, 50 cm long x 50 cm wide x 50 cm high), a camera (Model TC650EA Series, Burle Technologies, Inc.), a television screen, a computer, and a printer. A detailed description of the principles of this video path analyzer can be found elsewhere (12).

### *Drugs*

d-AMPH sulfate dissolved in sterile 0.9% saline was purchased from Sigma Chemical Co., St. Louis, MO, U.S.A. Pentobarbital sodium was kindly supplied by the Veterans General Hospital, Taipei.

### *Surgery*

The rats were anesthetized with 50 mg/kg i.p. sodium pentobarbital and placed on a stereotaxic

apparatus (Kopf models 1430 & 1460). Two guided cannulae were then bilaterally implanted (22 g, Plastic Products) into the VTA (A/P -3.6, M/L  $\pm$ 0.6 from bregma, and D/V -8.9 from skull) and positioned 1 mm above the final injection site (26). An incisor bar was then placed 5.0 mm above the interaural line. Both guide cannulae were angled at 16° to the vertical, and then secured in place by skull screws and dental cement. Penicillin (60,000 I.U.) was administered i.m. immediately after surgery. Next, 28 gauge Plastic Products obturators were inserted into the VTA guide cannulae. Finally, the rats were returned to their home cages for a 5 to 7-day recovery period.

### *Microinjection Procedures*

Simultaneous bilateral intracranial micro-injections (d-AMPH sulfate 2.5  $\mu$ g/side) were made in the conscious rats. Saline solution was administered in the same volume to serve as a control. All the micro-injections were given in a volume of 0.5  $\mu$ l/side over 45s with a 28 gauge injector cannula (Plastic One Products) inserted to a 1 mm depth below the guide cannulae tip. Bilateral injection cannulae were connected by PE-20 tubing (Clay Adams, Parsippany, NJ) to 1  $\mu$ l syringes (Hamilton, Reno, NV). Seventy-five seconds after injection, the injector cannulae were replaced by obturators. The rats were returned to their home cages immediately after the microinjection procedure.

Kalivas and Weber (1988) find that the larger the dosage of intra-VTA injections, the easier the sensitization would be produced (1.5  $\mu$ g or more) (10). Therefore, we chose 2.5  $\mu$ g as the dosage for intra-VTA injection. In addition, because an enhanced dopamine increase can be observed after a withdrawal period no shorter than 7 days (16), we set the withdrawal period to be 7 days in this study.

### *Experiment I*

The rats first received one bilateral intra-VTA injection of either AMPH (2.5  $\mu$ g / 0.5  $\mu$ l/side) or saline (0.5  $\mu$ l). Then, on the first, third, and fifth day after the injection, each rat's behavior was monitored.

### *Experiment II*

The rats underwent a 7-day withdrawal period after receiving one, two, or three bilateral intrategmental injections of either AMPH (2.5  $\mu$ g / 0.5  $\mu$ l/side) or saline (0.5  $\mu$ l). If more than one injection were given, it would be separated for two days. On the test day, all rats received a challenge administration of AMPH (1.0 mg/kg, i.p.), and their behavioral activities were monitored by the video path analyzer.

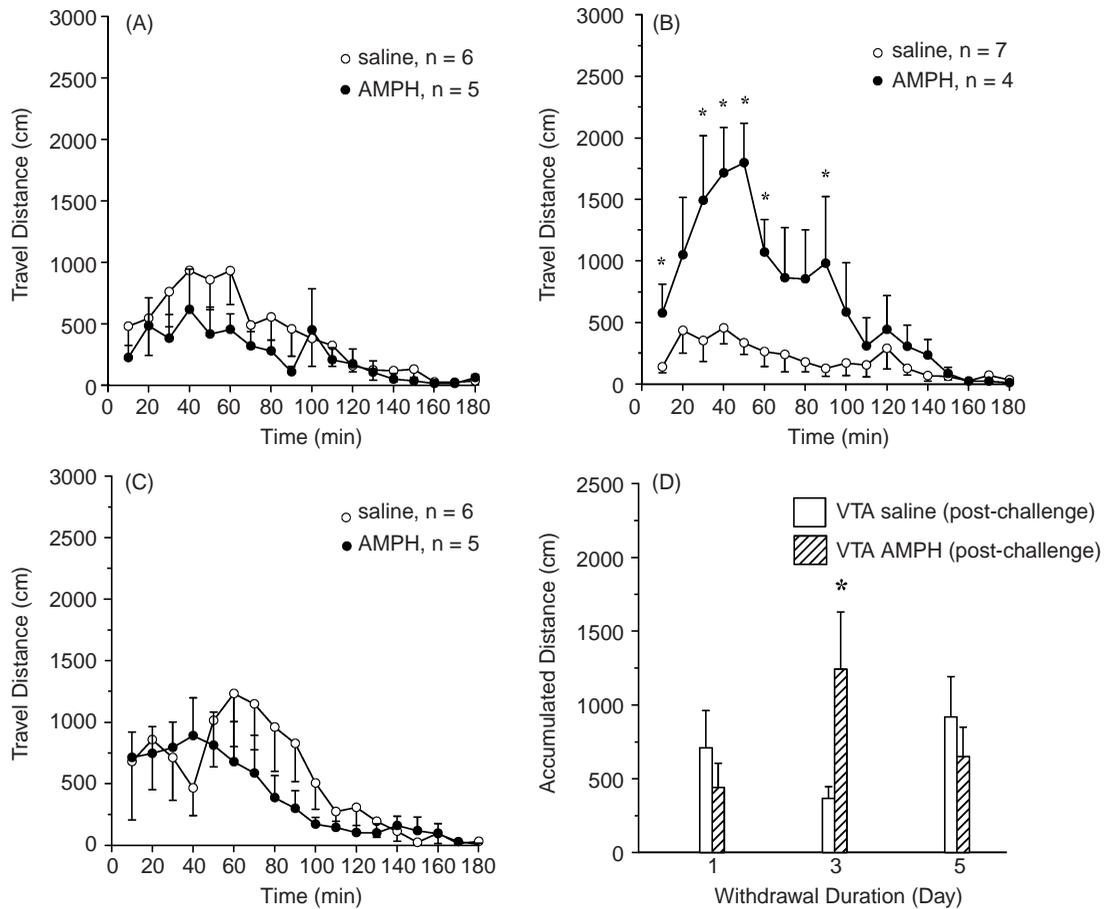


Fig. 1. Summary of the effects of single intra-VTA injection with AMPH on travel distance in rats post the challenge injection of AMPH (1.0 mg/kg, i.p.) given 1, 3, or 5 days of the withdrawal period. Panel (A), (B), and (C) depict the profile of travel distance in the time course post a challenge injection on withdrawal days 1, 3, and 5, respectively. Panel (D) shows the total travel distance for the 180-min test period. Values are presented as mean  $\pm$  S.E.M. The asterisk (\*) indicates statistically significant difference between AMPH-pretreated and saline-pretreated animals ( $P < 0.05$ ).

### Behavioral Test Procedure

All experiments were conducted from 9.00 a.m. to 6.00 p.m. Each rat was placed into a behavioral box hooked-up with the video path analyzer and was allowed a habituation period for at least two hr prior to behavioral monitoring. After that, intraperitoneal injections of AMPH were given to rats. Finally, the travel distance and the number of the stereotypic movements of the rats were monitored for 18 successive sessions (10 min for each session). Stereotypic movements were defined and measured *via* the software of the video path analyzer as described in our previous study (12).

### Histology

After completion of testing, in order to assess the site of cannulae placements, subjects were sacrificed by a large dose of sodium pentobarbital. Next, the

brain was removed and fixed in a saline solution composed of 30% sucrose and 10% formaldehyde. After fixation, 40  $\mu$ m coronal sections were cut on a freezing microtome and each section was mounted on a glass slide, and stained with 0.5% Cresyl violet for histological verification of the path of the cannulae tips.

### Statistical Analysis

Values are presented as mean  $\pm$  SEM. The temporal changes of travel distance and stereotypic movements were evaluated by a two-way ANOVA with repeated measures. This was followed by a post-hoc Scheffe multiple range test to assess the difference between individual means. The total travel distance and the total stereotypical movements in the entire 180-min time span were evaluated with unpaired Student's *t*-test to assess the difference between individual means.  $P < 0.05$  was taken to indicate statistical significance.

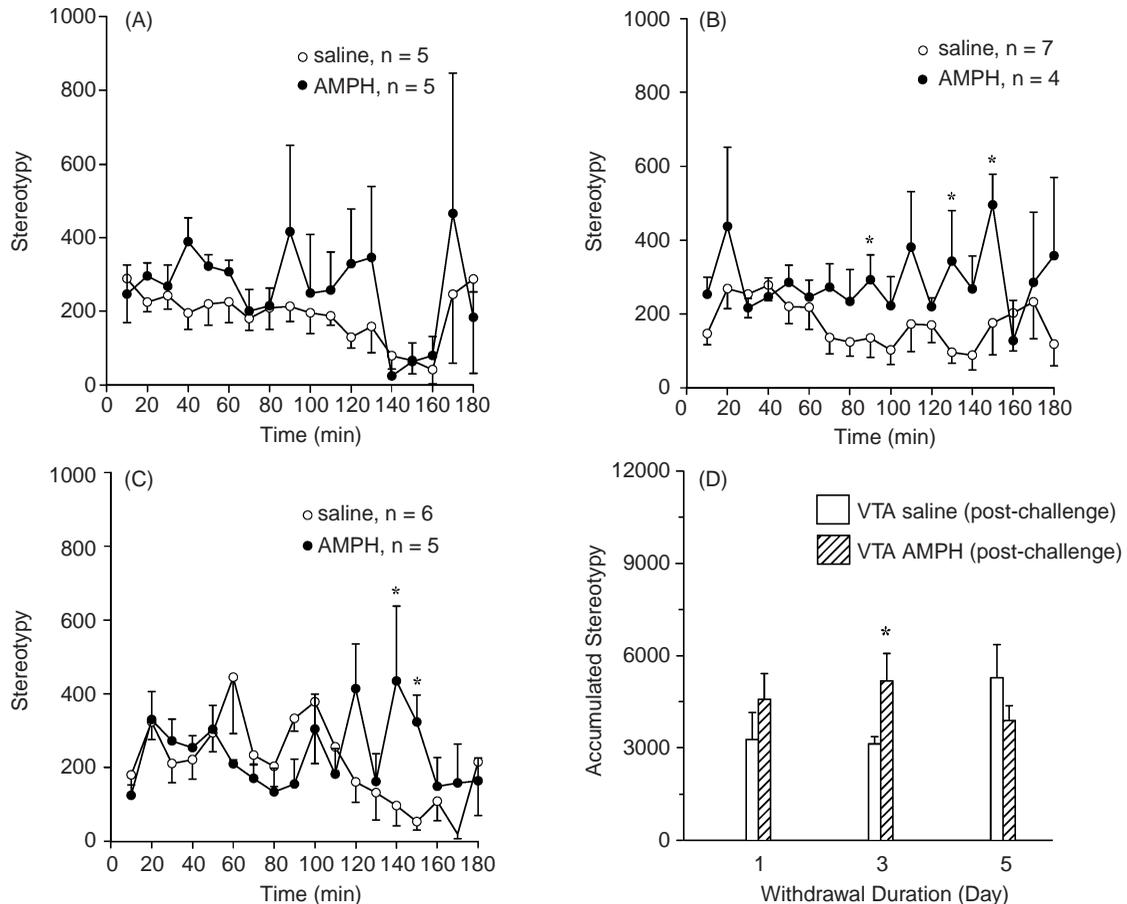


Fig. 2. Summary of the effects of 1 intra-VTA injection with saline or AMPH on stereotypic movements post a challenge injection of AMPH (1.0 mg/kg, i.p.) given 1, 3, or 5 days of the withdrawal period. Panel (A), (B), and (C) depict the profile of stereotypic movements in the time course post a challenge injection on withdrawal days 1, 3, and 5, respectively. Panel (D) shows the total number of stereotypic movements for each 180-min test period post a challenge injection. Values are presented as mean  $\pm$  S.E.M. The asterisk (\*) indicates statistically significant difference between AMPH-pretreated and saline-pretreated animals ( $P < 0.05$ ).

## Results

### *Behavioral Effects of a Single Intrategumental AMPH Injection after a 1, 3 or 5-day Withdrawal Period*

Figures 1A, 1B, and 1C show the profile of travel distance during the 180 min recording period for both the experimental and control groups. Figure 1A is the group with a 1-day withdrawal period, Fig. 1B is the group with a 3-day withdrawal period and Fig. 1C is the group with a 5-day withdrawal period after a single intrategumental AMPH injection. In compared with the saline-injected control group, only the 3-day withdrawal group showed a significant increase in travel distance activity. In comparing the total travel distance during the whole 180 min period between the saline-control and treatment group (Fig. 1D), only the 3-day withdrawal group exhibited a significant difference ( $3672 \pm 792$  vs.  $12417 \pm 3879$ ).

Figures 2A, 2B, and 2C show the changes in stereotypic movements vs. time lapse during the 180 min recording period for both control and treatment groups. Figure 2A is the group with a 1-day withdrawal period, while Fig. 2B is the group with a 3-day withdrawal period and Fig. 2C is the group with a 5-day withdrawal period after a single intrategumental AMPH injection. Comparing the total accumulated stereotypic movements during the entire 180 min period between the saline-control and treatment groups (Fig. 2D), again, only the 3-day withdrawal group exhibited a significant difference ( $3133 \pm 236$  vs.  $5176 \pm 898$ ).

### *Behavioral Effects of Multiple Intrategumental AMPH Injections after a 7-day Withdrawal Period*

Figures 3A, 3B and 3C show the changes in travel distance vs. time during the 180 min recording period for both the control and treatment groups.

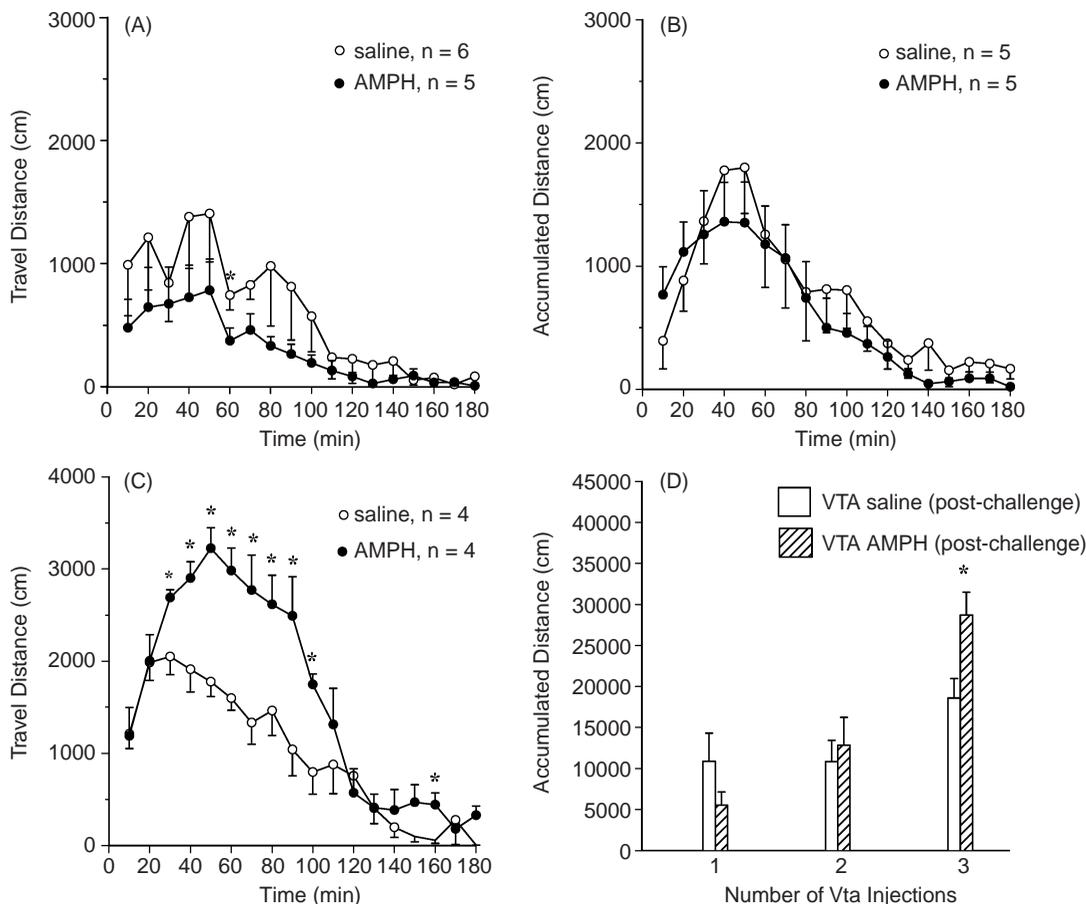


Fig. 3. Summary of the effects of various numbers of intra-VTA injections with AMPH on travel distance in rats post a challenge injection of AMPH (1.0 mg/kg, i.p.) after a 7-day withdrawal period. Panel (A), (B), and (C) depict the profile of travel distance in the time course post a challenge injection on the 7<sup>th</sup> withdrawal day with 1, 2, and 3, times of intra-VTA injection, respectively. Panel (D) shows the total travel distance for the 180-min test period. Values are presented as mean  $\pm$  S.E.M. The asterisk (\*) indicates statistically significant difference between AMPH-pretreated and saline-pretreated animals ( $P < 0.05$ ).

Figure 3A is the group of a single intrategmetnal AMPH injection, while Figure 3B is the group of a double intrategmetnal AMPH injection, and Figure 3C is the group of a triple intrategmetnal injection after a 7-day withdrawal period. Compared with the saline-injected controls, only the triple intrategmetnal AMPH injection group showed a significant increase in travel distance. Meanwhile, comparing the total distance during the entire 180 min period between the saline-control and the treatment groups (Fig. 3D), only the triple intrategmetnal injection group exhibited a significant difference ( $18591 \pm 2380$  vs.  $28708 \pm 2783$ ).

Figures 4A, 4B, and 4C show the changes in stereotypical movements vs. time lapse during the 180 min recording period for both the control and treatment groups. Figure 4A is the single intrategmetnal AMPH injection group, Figure 4B is the double intrategmetnal AMPH injection group, and Figure 4C is the triple intrategmetnal injection group after a 7-day withdrawal period. Comparing the total accumu-

lated stereotypical movements during the entire 180 min period between the saline-control and the treatment groups (Figure 4D), again, only the triple intrategmetnal AMPH injection group exhibited a significant difference ( $3829 \pm 217$  vs.  $6929 \pm 1103$ ).

## Discussion

This study demonstrated that both single and well as repeated intra-VTA injection of AMPH induced behavioral sensitization. The results clearly indicated that a single intra-VTA injection with AMPH was sufficient in eliciting enhanced locomotor responses. Noteworthy, after single intrategmetnal injection, the increased motor activity appeared transient. Our data showed that the amplitude of sensitized behavioral manifestation tended to escalate as the exposure of VTA to AMPH increased, especially for the locomotor travel distance. Together, the above results provided further support to the

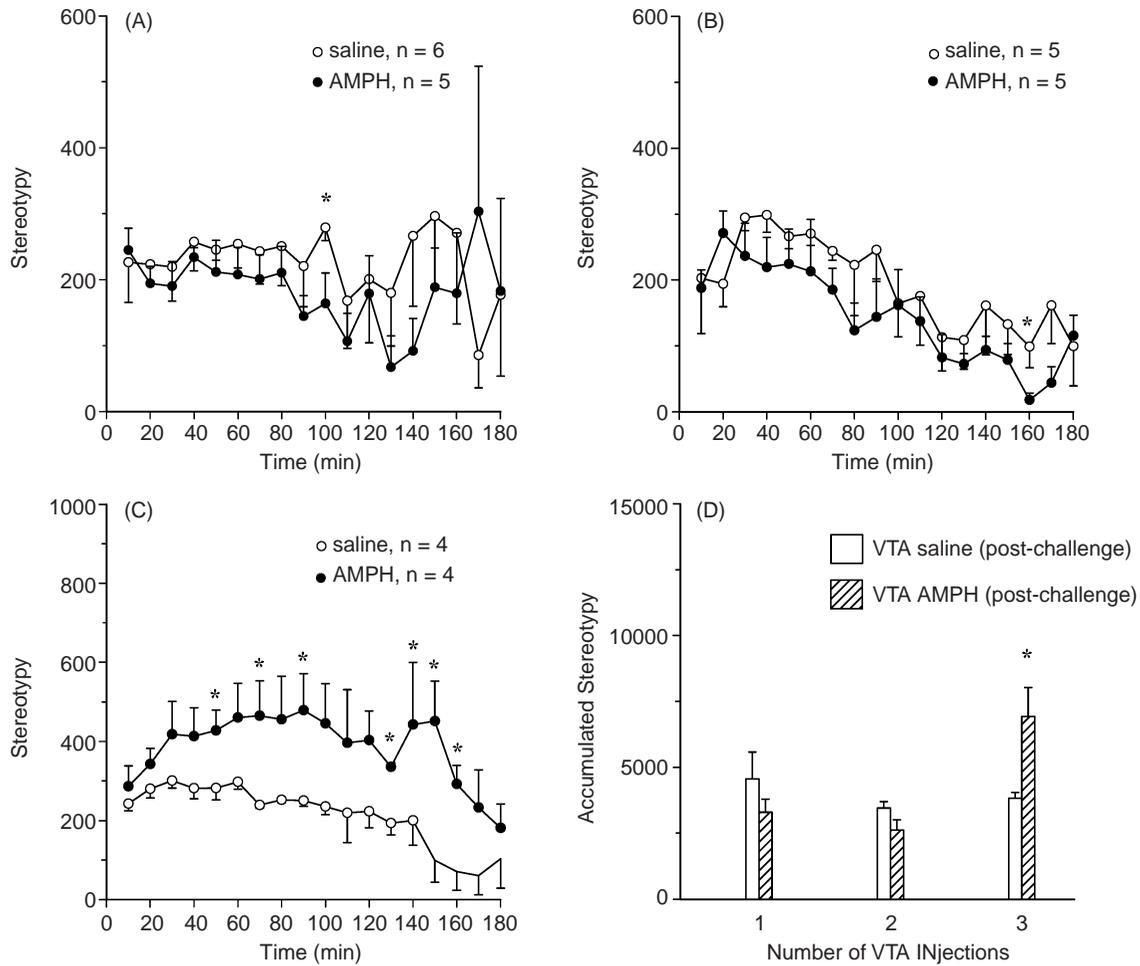


Fig. 4. Summary of the effects of various numbers of intra-VTA injections with AMPH on stereotypic movements in rats post a challenge injection of AMPH (1.0 mg/kg, i.p.) after a 7-day withdrawal period. Panel (A), (B), and (C) show the time course of the number of stereotypic movements post a challenge injection. Panel (D) shows the total number of stereotypic movements for each 180-min test period post a challenge injection. Values are presented as mean  $\pm$  S.E.M. The asterisk (\*) indicates statistically significant difference between AMPH-pretreated and saline-pretreated animals ( $P < 0.05$ ).

notion that VTA is the action site responsible for initiating the sensitized locomotor responses, which may be augmented with more exposure of the VTA to the challenge psychostimulant.

Behavioral sensitization has been reported to be induced by a single exposure to systemic psychostimulant administration, such as amphetamine or cocaine (17, 19, 23). The enhanced locomotor activities resulted from one single exposure to systemic AMPH administration were evident at 7 days (19) and even more robust at 3 weeks than a 1-week or a 3-day withdrawal period upon challenge dose (23). Our data illustrated that the sensitized locomotor response caused by one single intra-VTA injection of AMPH was evident only at a 3-day, but not at a 1, 5 or 7-day withdrawal period (Fig. 1D & 3D). Thus, these results suggested that transient behavioral sensitization can be elicited *via* just one single local, intra-

VTA, exposure to AMPH. We argued that systemic administration of a psychostimulant “showered” the whole mesocorticolimbic pathway, including the area of dopaminergic cell body (VTA) and the dopaminergic terminals (e.g., medial prefrontal cortex and nucleus accumbens). However, the response of dopaminergic neurotransmission at mPFC is not the same in correspondance to systemic (decreased) (23) *vs.* intra-VTA (increased) (13) exposure to AMPH. Besides, prefrontal cortex treatments of AMPH attenuate the sensitized locomotor effects of systemic AMPH that developed over days (2). We speculated that the earlier appearance of sensitized locomotor activity *via* intra-VTA injection (this study), as compared to those produced *via* systemic administration of AMPH (19, 23), might be due to the lack of an initial opposing effect of AMPH on mPFC, which in turn boots up the behavioral sensitization. The data profile of

sensitized stereotypy to one single intra-VTA AMPH injection in our study was compatible with this pattern.

Another major finding of this study was that repeated intra-VTA administration of AMPH escalated the amplitude of sensitized locomotor activity. Our results showed that both the peak amplitude and accumulated amount of travel distance in the repeated treatment group turned out to be more robust than those in the single treatment group, although the change of magnitude of stereotypy are not as sensitive as the travel distance. This implied that the perikarya in VTA (most likely dopaminergic) might be sensitized and hence the VTA might play a significant role in the development of behavioral sensitization after multiple exposure to AMPH.

We further argued that there might be respective phases in the progressive development of behavioral sensitization, i.e., the one initially developed and the other developed in a later phase. Neurochemical data derived from repeated systemic AMPH administration (6) also reveal different profiles of extracellular DA levels in different phases of the development of sensitization. Imperato *et al.* reported that during the repeated systemic AMPH treatments, an increase of DA efflux (day 1 & 3) in the ventral striatum was first observed, then latter but persistent reduced levels of extracellular DA were found (day 5 & thereafter). The various phases in the time course of development of behavioral sensitization may partly explain the inconsistent findings that there were different profiles (i.e., decreased vs. increased) of extracellular DA level during behavioral sensitization to repeated AMPH treatments (5, 14, 21, 22).

The observation that behavioral sensitization could be induced by just one single exposure to AMPH, either *via* local (e.g., intra-VTA) or systemic route, arouses clinical and research attention. Although transient, the neuroadaptations occurring in this initial stage may undermine subsequent sustained neuroplastic changes, which then lead to enduring sensitized neurobiological and behavioral responses enhancing the development of addiction to psychostimulants.

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